



# Delridge Community Center



**City of Seattle**

**Mayor: Greg Nickels  
Seattle Department of  
Parks and Recreation**

Kenneth R. Bounds, Superintendent

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## WELCOME TO DELRIDGE!

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### Hours of Operation

Monday	1:00 pm — 9:00 pm
Tuesday – Thursday	11:00 am — 9:00 pm
Friday	12:00 pm — 8:00 pm
Saturday	Closed
Sunday	Closed
<b>Friday &amp; Saturday Late Night Hours</b>	
	8:00 pm – 12:00 am

#### Holiday Closures

**Labor Day-September 1, 2003**

**Veterans Day-November 11, 2003**

**Thanksgiving Day & Day After-November 27,28**

### Professional Staff

#### Recreation Center Coordinator

Clint Hooper

#### Assistant Coordinator – (Acting)

Jose Brown

#### Teen Development Leader

Christine Lesh

#### Maintenance Laborer

Mary Jo Rossmann

#### Recreation Attendants

Janell Owens

#### Administrative Support Assistant

Elimika James (EJ)

### Management Staff

Ken Bounds- **Superintendent**

Christopher Williams- **Director of Parks & Recreation**

Kate Gray - **SW Parks Manager**

### Telephone Numbers

**Office:** (206) 684-7423

**Fax** (206) 684-7424

**OnRamp:** (206) 933-8629

### Address

**4501 Delridge Way SW • Seattle, WA 98106.**

Located in West Seattle. Take the Delridge Way  
SW Exit off the West Seattle Bridge.

### Anti-Discrimination Policy



As a matter of policy, by law and with commitment, the Seattle Parks & Recreation Department does not discriminate on the basis of race, color, creed, ancestry, national origin, age, sex, marital status, sexual orientation, political ideology, religious beliefs, or presence of any sensory, mental or physical disability. Accommodation will be made on request for persons with disabilities. If you need sign language interpretation or other accommodations, please call (206) 684-7438 or (206) 233-7061 (TDD only). If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aide. If a class or activity is scheduled in an area that is not accessible to wheelchairs, we will make every effort to help find a similar program in a more accessible location.



#### City of Seattle

Seattle Department of Parks and Recreation

#### Mission Statement:

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate and build community.

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## BASIC INFORMATION

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**No classes:**        **Labor Day-September 1, 2003**  
                         **Veterans Day-November 11, 2003**  
                         **Thanksgiving Day & Day After-November 27 & 28**

To register, please register in person. We accept checks, Visa, MasterCard, American Express and money orders are accepted. Please make checks/money orders payable to: Delridge Advisory Council. The success or failure of a class depends on the number of people pre-registered. Classes that do not reach minimum number of enrollment will be cancelled.

**Taxes:** Class and program fees listed in this brochure include sales tax where applicable in accord with current provisions of the State Legislature of Washington.

**Fees and Charges:** The Delridge Community Center programs and activities listed in this brochure are provided by the Delridge Advisory Council under an agreement with the Seattle Department of Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of these programs. The Advisory Council programs listed include a 1.1% fee, which is paid to the Department of Parks and Recreation for each person registered in a program. The Department uses these funds to defray overall operation expenses.

### SCHOLARSHIPS

Seattle Parks and Recreation encourages participation by low-income City of Seattle residents. Scholarships or low-income rates are available for some youth instructional programs. Scholarships are limited to specific programs and are granted based on financial need.



### REFUND POLICY

It is the policy of the Seattle Parks and Recreation Department and the Associated Recreation Council to make a full refund to participants who register for a class, camp, special event or program that is canceled by the Department or Advisory Council for any reason.

- \* A participant who registers for a day camp, trip, overnight camp, special event or facility rental and who requests a refund within 14 days of its start date, may receive a refund minus a service charge.
- \* A participant who registers for a day camp, trip, overnight camp, special event, or facility rental and who withdraws from the activity fewer than 14 days before its start date will not receive a refund.

**For more details, please read the policy.**

## Woman, Infants & Children (WIC)



Seattle-King County Department of Public Health offers a program to all pregnant women and women with infants and children through age five. The program targets those who are considered to be at nutritional or medical risk. Nutritional education, counseling and health specialists who perform nutritional assessments, are available to program participants at no cost. Please call (206) 296-4755 (M,T,TH, F) or (206) 296-4533 (Wed) for additional information about the WIC program. It could save your baby's life.



## Room Rentals

Delridge Community Center is available for private rentals. The facility is available when not scheduled for normal operation. Please call (206) 684-7423 to check desired rental date.



## Delridge Advisory Council

The Delridge Advisory Council, in partnership with the City of Seattle Department of Parks and Recreation, takes a leadership role by planning and organizing programs held at the Center and surrounding play fields. Programs and classes are funded through the Advisory Council.

If you would like to join other citizens and professional staff in planning activities and programs for neighborhood children, teens, adults, and seniors, you are welcome to join the Delridge Advisory Council. The Delridge Advisory Council meets the 4th Thursday of the month at 6:30 pm.

Please join us! We are always looking for new and fresh ideas to make the Delridge Community Center a fun and educational place to visit!



## Current Advisory Council Members:

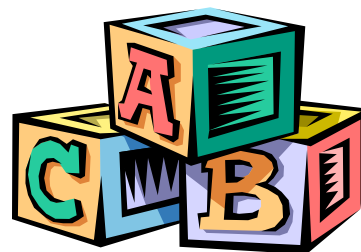
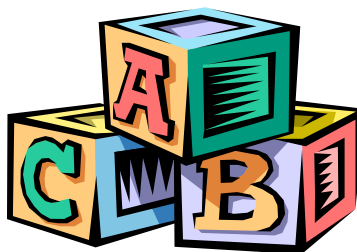
Cleo Peifer , Roger Iida, Edward Laymon,  
Donna Roseveare, Allen Stowers, Tara  
Mitchell, Kim Tookas.

# MINI - GYM



The Mini-Gym Is back!!  
Beginning September 9th.  
Tuesday-Friday 9:30 am-1:30  
pm

\$2.00/per child/or save time  
and buy a mini-gym pass.  
\$10.00/5 visits or \$20.00/10



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## YOUTH PROGRAMS

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### Delridge Community Center

*Holds a super Friday and Saturday Late Night Program. Call Delridge Community Center at 684-7423 for more information.*

*Friday 8:00 pm– 11:30 pm FREE*

*Saturday 8:00 pm– 11:30 pm FREE*

### Late Night Staff

*Damon Barnett*

*Bryan Hayes*

*Clairette Somonski*

*Stephanie Somonski*

*Warrick Tulloss*

*Laura Wilburn*

*COOKING*

*MAKE NEW FRIENDS*

*FREE SHOOT*

*Arts & Crafts*

*DANCES*

### **JOIN US!**

*Come join the Late Night Teen Advisory Council.*

**Plan Dances**

**Get Community Service Hours  
Towards School**

**Take Trips**

**Create a Newsletter**

**And lots more!**

*For more information Please contact  
Stephanie Somonski at (206) 684-7423.*



# PIANO LESSONS

## Move Over Mozart



*Move over Mozart teaches group lessons to 6 children at a time. Children participate in musical activities and learn from each other as well as from their teacher. They learn to play familiar tunes on the piano along with reading music and music theory.*

*10 weekly sessions for \$79.00 per student + \$10.00 annual registration fee.*

*Tuesdays: October 7th - December 16th, 2003*

*For more Information call (206) 684-7423 or Move Over Mozart (425) 415-6520 / (206) 227-1611*

### **Times:**

<i>5:30 - 6:00 pm</i>	<i>5 &amp; 6 yrs. Old</i>
<i>6:00 - 6:30 pm</i>	<i>7 &amp; 8 yrs. Old</i>
<i>6:30 - 7:00 pm</i>	<i>9 - 12 yrs. Old</i>



# MUSIC





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## TEEN PROGRAMS

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### *Delridge Teen Program*



The Teen Program is a DROP-IN program for Teens ages 13-19 years old. We have fun stuff like pool, foosball, games, open gym, movies, PS2 or just come in and hang out with friends. We also offer structured activities daily, such as workshops and fieldtrips. It cost nothing to attend the program. Most all of our activities are free with the exception of some events such as overnights and some fieldtrips. To get more info about this program pick up a monthly calendar for specific times and events.

\* Please note: some programs require pre-registration and may be cancelled if minimums aren't met. During "DROP-IN" activities participants may come and go, supervi-

*If you are interested in the TEEN PROGRAM please contact Christine Lesh, Teen Development Leader.  
(206) 684-7423 or Christine.Lesh@seattle.gov*

### T.A.G

#### **Delridge Teen Advisory Group**

Held monthly, every third Wednesday, in conjunction with the Teen room. This is your opportunity to get more involved and have a say in what effects teens in the Delridge area. Come share your thoughts and ideas.



### **TEENS TALK**

TEENS TALK is a collaborative program with Southwest, High Point, Hiawatha and Alki Community Centers. Teen Development Leaders and professional facilitators will be leading group discussions and workshops on important personal and social issues that many teens are faced with on a daily basis. This is a sampling of some of the topics we may discuss: peer pressure, drug abuse, racism, money management, sexually transmitted diseases, and many other teen related issues. We will also be serving snacks as well as going on some great field trips.

*THIS WILL BE A WEEKLY PROGRAM.*

### **GAMES, GAMES, GAMES @ GREENLAKE**

Do you watch game shows on TV and think "I know the answer to that question." Well here is your chance. Once a month we will be going to Green Lake Community Center to play your favorite game shows. We will be playing the Price Is Right, Family Feud, Fear Factor, Dog Eat Dog and many more. So if you think you got what it takes, "BRING IT!"  
Check the monthly calendar!  
One Friday a month 5-9 pm



### **Do you need service learning hours to graduate?**

A plethora of activities exist for you to get involved in the community! Come help at our Halloween carnival, a beach clean-up, can food drives, holiday wrapping and many other projects. Whether it's to fulfill community service requirements for school, or just to lend a helping



# TEEN PROGRAMS



## TEEN PROGRAM MONTHLY ACTIVITIES SCHEDULE

### UPCOMING SPECIAL EVENTS

- 9/TBA**– Puyallup Fair (\$20+)
- 9/12** –Golden Gardens Teen Center  
back to school BBQ & Bonfire  
(FREE)
- 9/19**– All city Teen boat cruise and  
dance (\$10)
- 9/26**– All city Teen Forum @ TLC  
(FREE)
- 10/19-25**– Week Without Violence
- 10/31**– Halloween Carnival volunteer  
opportunity and KUBE 93  
Haunted House

### CULTURE NIGHT

*Join us while we check out great plays, museums, ballets, international & independent films, spoken work shows, MC & breakin battles & exotic places to eat. Once a month we will be checking out some of the great cultural activities Seattle has to offer.*

### SCRAPBOOKING

*Do you have tons of pictures in boxes? Bring them to our scrap booking workshops. We will take a trip to the scrap booking store once a month to get supplies, ideas & attend workshops. We'll use the ideas and supplies to make great scrap books of our own.*

### LATE NIGHT HOP

*Are you curious about other Late Night programs? Once a month we'll check out Late Night Programs at other community centers as well as those in outlying cities like Redmond, Bellevue, Shoreline, Kent and more. We will depart one Friday a month. For dates & times, come to our D-TAG meetings and help decide what Late Night Programs you would like to visit.*

**\* CHECK OUR MONTHLY CALENDAR TO FIND OUT WHEN THESE EXCITING EVENTS WILL BE HAPPENING!**

## POWER OF HOPE

The **Power of Hope** programs are for youth, ages 14 to 18, who want to take an active role in creating a positive future and have a great time in the process. Our programs provide intensive opportunities to learn from and create meaningful relationships with adult social change activists, artists and nature educators. We encourage youth to discover their own creativity and sense of purpose, and to develop their lead-

### WEEKEND YOUTH CONFERENCES

During the school year, we offer weekend programs in the fall and spring for youth ages 14-18 years. These retreats are a place for youth from all over the Northwest to join with our team of artists, musicians, naturalists and community leaders and innovators for a high-energy weekend of workshops, performances, fun and community building.

Across the Lines: Learning from Difference  
November 7-9  
Victoria, British Columbia  
\$75.00/partial scholarships available

Across the Lines: Learning from Difference  
November 15-17  
Bellingham, WA  
\$75.00/partial scholarships available

IT'S THAT TIME AGAIN!!



**BASKETBALL IS BACK IN SEASON AGAIN!**



LEARN THE FUNDAMENTALS OF BASKETBALL FOR YOUTH AGES 5-7 YEARS. LEARN TO PLAY THIS SPORT COMPETELY FOR AGES 8-17 YEARS.

REGISTRATION BEGINS OCTOBER 13TH. PROOF OF AGE (BIRTH CERTIFICATE), SPORTS REGISTRATION FORM WITH PARENT SIGNATURE AND A \$45.00 FEE RE-



**VOLUNTEER COACHES NEEDED!**

Do you have knowledge of a sport you would like to teach? Do you enjoy working with kids? We are always looking for adults to coach our kids in different sports such as basketball, volleyball, softball, and track & field.

If you are interested in coaching at Delridge Community Center, please come by and pick up a volunteer packet, or call (206) 684-7423 for more information.



**Fall 2003  
Girls Volleyball  
Team  
Ages 10-17**

*Come join the girls volleyball team!  
Make new friends and learn the fundamentals of this exciting sport.*



**CO-ED FLAG FOOTBALL**

This fun and safe sport is open for both girls and boys between the ages of 7-15 years old.

To register for this program please pick up a registration form.



## YOUTH PROGRAMS

### Before School & KidsPlace (After School) Program 2003-2004 School Year



The Delridge Community Center offers a safe and supervised Before & After School Program for school aged children ages 5-12 years old.



Each month has a different theme which involves arts & crafts, cooking, special field trips, games, and most important is homework & reading time. Snacks are also provided for both programs.

There will be additional fees for the days children are out of school. To arrange school transportation, please call the transportation office at (206) 252-0900.

#### **Before School Monthly Fees:**

Mon.— Fri. 6:00 am — 9:00 am  
\$175.00/per child

#### **After School Monthly Fees:**

Mon.— Fri. 3:00 pm — 6:00 pm  
\$230.00/per child

**The Delridge Community Center is a li-**

### **WINTER BREAK CAMP**

During the Winter Break at all Seattle Public Schools, Delridge Comm. Cntr. will offer another all day camp. For ages 5-12 years old. Pre-registration is required in advance. Space is limited! Registration date starts on December 1, 2003.

**Time:** 6:00 am — 6:00 pm  
**Cost:** \$30.00/per day/per child



### **“NO SCHOOL TODAY CAMP”**

No school today and you can't stay home. Delridge offers an all day camp for kids who are out of school for the day. Pre-registration is required prior to attending.

**Time:** 6:00 am — 6:00 pm  
**Cost:** \$30.00/per day/per child.



### HALLOWEEN CARNIVAL AT DELRIDGE



**WHERE:** Delridge Community Center  
**WHEN:** Fri., October 31, 2003  
**TIME:** 6:30 pm — 8:30 pm

Bring your kids for a fun and safe Halloween night to Delridge Community Center. There will be exciting carnival games and great prizes. For kids 12 & under..



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## ADULT PROGRAMS

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### *Fitness Room*

The fitness room at Delridge Community Center offers weight machines, free weights, three treadmills, two step machines and stationary cycles.

#### ***Hours of the Fitness Room:***

***Mondays*** 1:00 pm - 8:45 pm

***Tuesday—Thursday*** 11:00 am - 8:45 pm

***Fridays*** 11:30 - 8:00 pm

***Cost per visit:*** \$2.00

5-visits \$8.00 save 20%

15-visits \$20.00 save 33%

30-visits \$30.00 save 50%



## Special Pops Cooking Class



This cooking class is for adults with disabilities. Come and learn the basic skills for preparing and cooking healthy meals. They will learn what's needed to prepare a meal from beginning to end and eat their finished meals.

Session #1 Tuesdays October 7 — November 4

Session #2 Tuesdays November 18 — December 16



To register for this program, please call  
Specialized Programs Office at  
(206) 684-4950.

### **Adult Tap I**

*September 3 — September 24*

*October 1 — October 29*

*November 5 — November 19*

*No Classes on November 26th due to the Thanksgiving Holiday*

*6:45 pm — 7:45 pm*

*\$30.00/4 week session*

***Instructor: Susan Wright***

***To attend both classes the fee will be \$50.00/4 week session.***

### **Adult Jazz II**

*September 3 — September 24*

*October 1 — October 29*

*November 5 — November 19*

*No Classes on November 26th due to the Thanksgiving Holiday*

*7:50 pm — 8:50 pm*

*\$30.00/4 week session*



## ADULT PROGRAMS

# Dance Classes

### Salsa Dancing

Seattle Salsa's scene is popping with events and activities from around the world. Learn Salsa the way it is danced by people of all ages in the smallest Latin towns to some of the most exciting nightclub scenes around the world. No partner necessary.

**Mondays:** September 29 — November 10, 2003  
**Time:** 7:00 pm — 8:30 pm  
**Cost:** \$70.00  
**Where:** Delridge Community Center / (7 sessions)



### Ballroom Dancing 1

Glide across the floor with ease after taking this beginning ballroom class. Learn how to do the fox trot, waltz, and tango in this easy step-by-step beginning level class. No partner necessary.

**Tuesdays:** September 30 — October 28, 2003  
**Time:** 6:30 pm — 7:30 pm  
**Cost:** \$40.00  
**Where:** Delridge Community Center / (5 sessions)

### Jitterbug I

Jitterbug is uniquely American and learning it is an exhilarating experience! If you want to go out dancin', this is the class you need to take! Dance to big band, swing, rock n roll, country, new wave, blues and jazz. No partner necessary.



**Tuesdays:** September 30 — October 28, 2003  
**Time:** 7:30 pm — 8:30 pm  
**Cost:** \$40.00  
**Where:** Delridge Community Center / (5 sessions)



### Middle Eastern Dances

Discover yourself through the feminine, ancient dance forms of the Middle East! This beginning class will introduce you to the exquisite movements of Arabix and Turkish belly dance, as well as various folk styles of North Africa and Persia.



### Ballroom Dancing (Intermediate)

**Tuesdays:** November 18 — December 16, 2003  
**Time:** 6:30 pm — 7:30 pm  
**Cost:** \$40.00  
**Where:** Delridge Community Center (5 Sessions)

Add polish to your dancing. This class is the next step to becoming a good ballroom dancer.

### JITTERBUG (Intermediate)

**Tuesdays:** November 4 — December 2, 2003  
**Time:** 7:30 pm — 8:30 pm  
**Cost:** \$40.00  
**Where:** Delridge Community Center (5 Sessions)

This class adds new moves and interesting variation to the beginner course.

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### Mexican Cooking: Beyond the Burrito

Most people think of Mexican food as simple finger food. But it is really much more than that since there are so many regional variations as well as strong European influences. We'll start with mango, jicama and feta quesadillas, then nappoles (cactus) salad, and finally shrimp with orange and tequila achiote chicken with lime-flavored broth.

**Tuesday:** November 4, 2003  
**Cost:** \$30.00

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COOKING CLASS

## Fall 2003 Lab Hours

*First Come – First Served. Homework and career development take priority during these hours. Age 5 and older.*

**Monday** 1:00 pm — 5:30 pm  
**Tuesday — Thursday** 11:00 am — 5:30 pm  
**Friday** 11:30 am — 5:30 pm

*Hours are subject to change without notice.*

*For more information please contact  
Jamie Redd at 933-8629.*

## OnRamp Computer Classes Fall 2003

Delridge OnRamp will offer classes in partnership with South Seattle Community College's Continuing Education Department. Summer Quarter, September 29-December 17, 2003. For more information and to register for these classes, call the Continuing Education Office at South Seattle Community College at 764-5339.



## Services Available

Internet Access

Career Development:

Resume Writing

Cover Letters

Job Searching

Interview Coaching

Homework Assistance

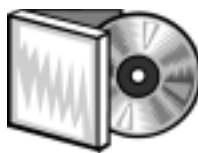
Social Service Referrals

Computer Literacy Classes (fee)

Faxing (fee)

Photocopying (fee)

Printing (fee)



### THE COMPLETE BEGINNERS PC COURSE

This package combines our four beginning computer courses. Learn basic computer concepts and terminology in introduction to Personal Computers. then master the fundamental Windows operating system. Once you have learned to run your PC move on to the widely used word processing software Microsoft Word and learn how to create and control written documents. Next learn to manipulate numbers with the spreadsheet program Microsoft Excel. Then conclude by acquiring a set of skills for finding everything you ever wanted on the Internet, including setting up a free e-mail account that you can access from anywhere in the world.

**M/W** October 20 — November 26, 2003

**Time:** 5:45 pm - 8:45 pm

**Cost:** \$ 325.00

### INTRO TO PERSONAL COMPUTERS

Basic computer concepts and terminology related to PC's. Become acquainted with the Windows operating platform and software applications. Not a hands on class, but lecture and question/answer time.

**M** October 20, 2003

**Time:** 5:45 pm — 8:45 pm

## OnRamp STORE

*For your convenience the store sells a variety of supplies:*

Floppy disks	pens
Resume paper	pencils
Resume envelopes	stamps
Notebook paper	report folders
Greeting cards	
Envelopes	

*Let us know what else you would like to see in the store, and we will get it for you.*

### **WINDOWS FUNDAMENTALS**

*In this essential beginning-level course learn how to open, close, name, save, and manage files and documents. Learn to switch between programs, troubleshoot problems, and use Windows with ease.*

**M/W**                      October 22 — October 29, 2003  
**Time:**                  5:45 pm — 8:45 pm  
**Cost:**                   \$ 119.00

### **GETTING STARTED WITH WORD( BEGINNER)**

*Learn how to create, save, and close a document, open an existing document and use simple to more advanced editing techniques. Navigate using the mouse and keyboard, use tabs and create a table, use spell check, and save an existing document as a Web page and view it in a browser. BASIC EXPERIENCE.*



**M/W**                      November 3 — November 5, 2003  
**Time:**                  5:45 pm — 8:45 pm  
**Cost:**                   \$ 99.00

### **GETTING STARTED WITH EXCEL (BEGINNER)**

*Learn basic worksheet skills and how to work with data in a worksheet. Create a basic spreadsheet, formulas, move and copy data with shortcut functions, format a spreadsheet, prepare a document for printing, and save your workbook as a Web page. BASIC EXPERIENCE.*



**M/W**                      November 10 — November 12, 2003

## **OnRamp Senior Programs**

### **Personal Computer Basics**

*Operating a computer does not have to be scary or frustrating. Learn fundamental skills necessary to use a computer. Learn how to*



*use the Microsoft Windows operating system. Surf the World Wide Web and set up an e-mail account that can be ac-*

*cessed from almost anywhere in the world. To register for this informative course, call (206)*





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# *HELPFUL PHONE NUMBERS*

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## **COMMUNITY CENTERS**

Alki	684-7430
Ballard	684-4093
Bitter Lake	684-7524
Delridge	684-7423
Garfield	684-4788
Green Lake	684-0780
Hiawatha	684-7441
Jefferson	684-7481
Langston Hughes	684-4757
Laurelhurst	684-7529
Loyal Heights	684-4052
Magnolia	386-4235
Meadowbrook	684-7522
Miller	684-4753
Montlake	684-4736
Queen Anne	386-4240
Rainier	386-1919
Rainier Beach	386-1925
Ravenna-Eckstein	684-7534
Southwest	684-7438
South Park	684-7451
Van Asselt	386-1921
Yesler	386-1245

## **SWIMMING POOLS**

Southwest Aquatics	684-7440
Colman (outdoor/summer)	684-7494
Rainier Beach	386-1944
Wading Pools (summer)	684-7996
Mounger Pool (summer)	684-4708



## **RECREATION INFORMATION**

Public Information	684-8020
Compliments/Concerns	684-4075
Picnic Scheduling	684-4081
Field Rain-Out Hotline	684-4077
Gym Rentals	684-7095
Youth Athletics	684-7094
Adult Athletics	684-7092

## **EMERGENCIES**

Fire/Medical/Police	dial 911
Poison Center	526-2121
Crisis Clinic	461-3222
Animal Control	386-4354

## **SPECIAL INTERESTS**

Aquarium	386-4320
Woodland Park Zoo	684-4800
Seattle Tennis Center	684-4764
Daybreak Star Indian Cultural	285-4425
Discovery Park	386-4246
Carkeek Park	684-0877
Camp Long	684-7434
Japanese Garden	684-4725
Kubota Gar-	den



# ***Delridge Community Center***

**LOOK INSIDE !**

*\* Sports Activities \* Piano Lessons  
\* Fitness Room \* Toddler Classes \* Career and  
Computer Access\* Volunteer & Community  
Involvement Opportunities\* Dance classes \*  
Senior Yoga Classes \* Tap/Jazz Classes  
After School Care \* Before Care\* Mini Gym \* Free  
Shoot \* Room Rentals \* Woman, Infant & Children  
(WIC)*

**SEATTLE PARKS & RECREATION DEPARTMENT**  
***Delridge Community Center K1463***  
***4501 Delridge Way SW***  
***Seattle, WA 98106***